## KBCK Adults, Children, and Youth (PEACHY) Annual Training 2023-24



# Why do we have a PEACHY program?



Protect the most vulnerable in our congregation Protect our teachers/leaders and our church (1 Peter 3:16, Inspire confidence in the community Required by our insurance provider Right thing to do

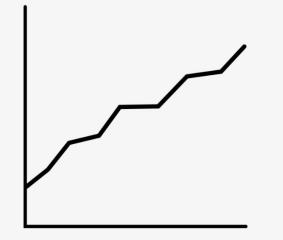
# Why are we moving from CSAPP to PEACHY?



# Frequency of abuse in schools and churches is on the rise

At least 181 K-12 educators charged with child sex crimes in first half of 2022 Roughly 10% of students experience sexual misconduct by a teacher

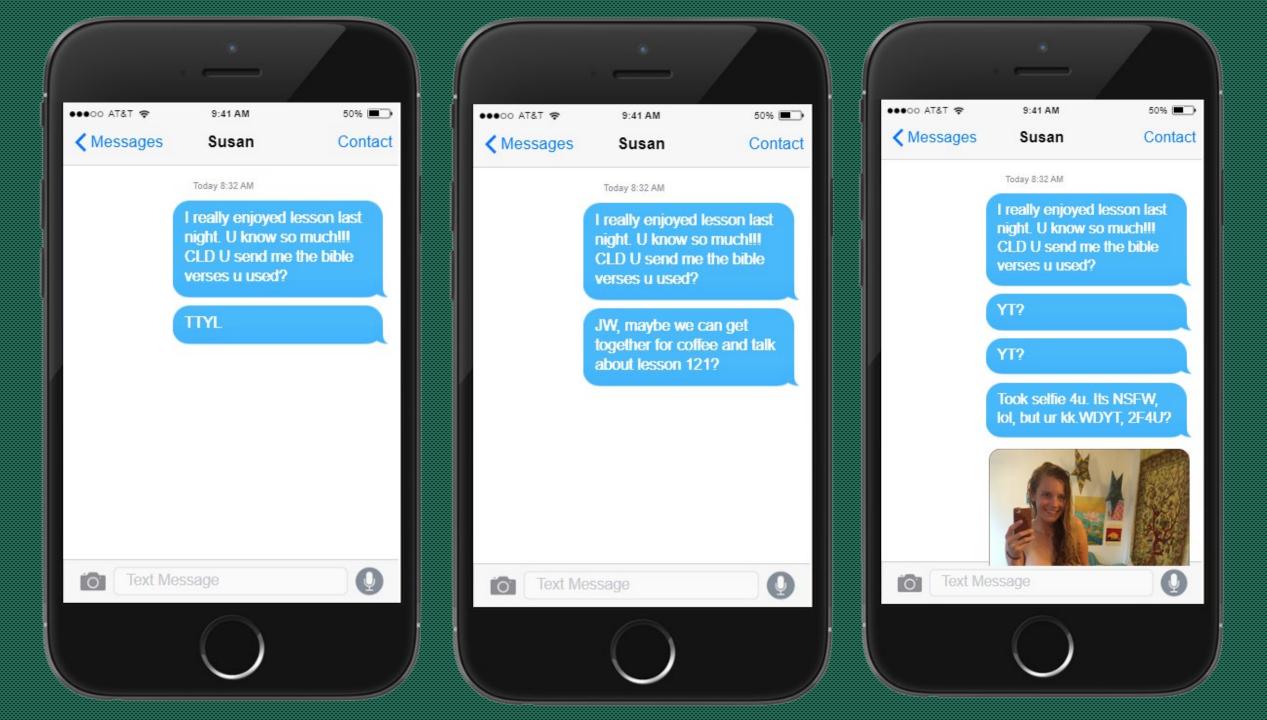
> Potential Reasons: Increased reporting Rise of social media Increased sexualization of youth in our culture



## Activity

Setting: You're a leader in the church's teen program. You receive a text from one of your teen students...

Discussion: How do you respond?



## FBCK PEACHY PROGRAM OVERVIEW

### **AWARENESS & IDENTIFICATION OF ABUSE**

### PEOPLE

Application & declaration Screening & checks Training Code of personal conduct

### PREVENTION

Check-in/control/check-out Supervision Restrooms & off-limit areas Electronic comms policy

### RESPONSE

Reporting responsibilities Reporting procedures Incident response Offender attendance policy

PEACHY POLICY AND PROCEDURES www.kingstownebaptist.org/peachy

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## What is child abuse?

Physical abuse Physical neglect Emotional maltreatment Sexual abuse Medical neglect Infant substance exposure

Virginia State Law Any child under 18 years of age whose parents or other caretakers cause or threaten to cause nonaccidental physical or mental injury

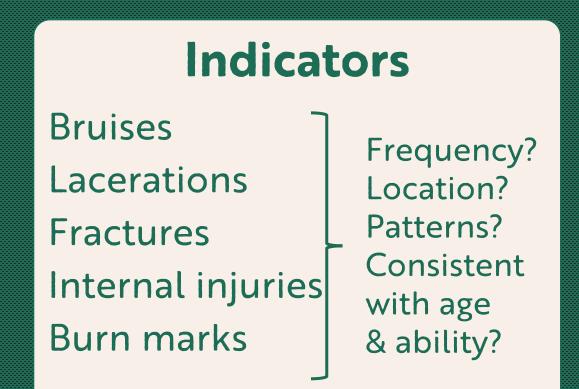
## **Contributing Factors**



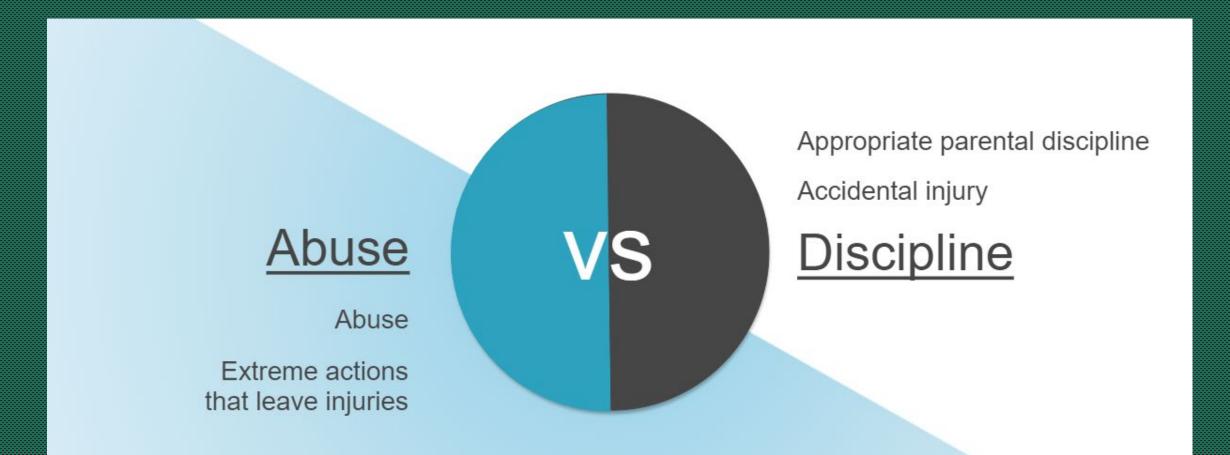
## Physical Abuse

## **Legal Definition**

Any act which, regardless of intent, results in a nonaccidental physical injury Includes threat of harm Includes exposure to the selling or manufacturing of illegal drugs



## Abuse vs Accidents/Discipline



## Physical Neglect

## **Legal Definition**

Abandonment

#### Lack of adequate:

- Supervision
- Bathing and hygiene
- Nutrition
- Shelter
- Medical or dental care

### Indicators

Consistent hunger Poor hygiene Inappropriate dress Lack of supervision Untended needs Abandonment Lack of medical attention

## Sexual Abuse

## **Legal Definition**

Sexual assault/abuse of minors, including: Intercourse, oral-genital contact, fondling Sexual proposition/enticement Indecent exposure Child pornography Child sex trafficking

### Indicators

Detailed and ageinappropriate understanding of sexual behavior Sudden drop in school performance Aggressive sexual acting out behavior in young children

## Behavioral warning signs

#### Child

Behaving like a younger child New words for private body parts Resists removing clothes (bath, bed, toilet) Asks other children to behave sexually Wetting and soiling

#### Child or adolescent

Nightmares or other sleep problems Seems distracted or distant at odd times Sudden change in eating habits Sudden mood swings: rage, fear, insecurity, withdrawal Writes, draws, plays of sexual or frightening images Develops new or unusual fear of certain people or places Refuses to talk about a secret shared with an adult or older child Talks about a new older friend Suddenly has money, toys, or other gifts without reason Thinks of self or body as repulsive, dirty or bad Exhibits adult-like sexual behaviors, language and knowledge

Adolescent Self-injury (cutting, burning) Inadequate personal hygiene Drug/alcohol abuse Sexual promiscuity Running away from home Depression, anxiety Fear of intimacy Compulsive eating/dieting

## **Types of Abusers**

Preferential (serial) abuser Fixated on one sex/age/body type Actively seeks and grooms victims Many victims, moves on to avoid detection Little to no remorse when caught

#### Situational abuser

No preconceived victim type Takes advantage of situations Fewer victims, wider range of behavior More likely to confess or feel remorse



Incidents usually marked by On-going relationships Lack of accountability Power differential "Secret bond"

#### Other types include child-on-child and snatch-for-trafficking

## Child Sex Crime Laws in Virginia

Virginia has multiple laws covering sex crimes against children, including rape, carnal knowledge, child pornography, indecent exposure, and commercial sex trafficking

- Sex crimes in Virginia carry significant and potentially life-altering consequences, including imprisonment
- There are also federal laws applicable in some cases
- Certain crimes may require mandatory registration as a sex offender

Example – Possession of child pornography: prison sentence of one to five years (Class 6 felony)

Example – Adult intercourse with child under 13: mandatory minimum term of life confinement

## **Emotional Maltreatment**

## **Legal Definition**

Belittling, silencing, using bizarre discipline

Creating an environment of fear or violence

Making child feel worthless, unloved, or inadequate

## Cause-and-effect must be established

## Indicators

Speech/learning disorders Frequent stomach aches, headaches or unexplained weight fluctuations Lag in physical development Withdrawn, lacking social connections Depression, anxiety, suicidal ideation, drug/alcohol abuse

## **Reporting Suspected Child Abuse**

### **Reporting Responsibility**

"Mandated Reporter" Must report within 24 hours Legally protected (if done in good faith)

Not exempted under "privileged communications" laws

#### **Reporting Process**

Notify PEACHY Director (or pastoral staff) for assistance Call hotline: Fairfax Co CPS: 703-324-7400

Virginia CPS: 800-552-7096 or use VDSS MP portal

If you believe a child is in immediate danger, dial 911

# Creating a Protective Environment at FBCK

Certification of workers Check-in/control/check-out Supervision protocols Off-limits areas Continuous risk assessment and reduction Electronics and social media policy

## Worker Certification

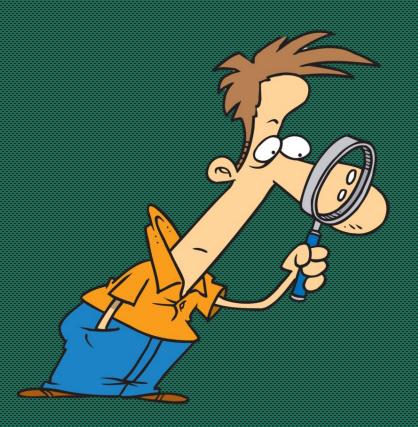


Demonstrated trustworthiness regarding child abuse (and particularly child sex abuse), verified through screening process

Trained in detection and prevention of child abuse, including FBCK policies and procedures Committed to creating a protective environment

#### Must be recertified annually

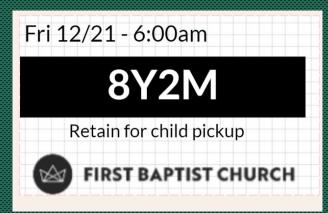
## Worker Certification



6-month waiting period Application (with declaration) Parent agreement (if a minor) Background check (public Screen records, criminal, registries) **Reference checks** Interview Training Code of personal conduct

## Check-in/control/check-out





All minors (if being placed under FBCK care) must be checked in and wear ID label

Must remain under positive control of certified workers until released to parents/guardians

Security tag checked upon release – no security tag = no release (pending additional authorization)

## **Supervision Protocols**

More desirable

Less desirable

2-Adult rule: two (unrelated) certified adults present Adult + Monitor: acceptable if room has observation window (and monitor on duty)

Rule of 3: at least three unrelated individuals (1 certified adult and 2 above age 8)

ClassroomsFBCK transportationGamesCounselingNoah's RoomSpecial events

## Premise Monitor (aka "Peach Fuzz")



Enforce badging Monitor restrooms and off-limits areas Assist with restroom breaks Monitor occupied classrooms via observation windows Assist with check-in/check-out Maintain awareness of uncertified adults in children/youth areas Assist with emergencies

## Restrooms



Restrooms are a special concern Greeters track flow to/from upstairs restrooms Monitors track flow to/from downstairs restrooms Everyone needs to be alert Restroom breaks must have PEACHY Pass (if monitor available) or certified worker escort

Non-certified adult or teen *never* allowed in a restroom alone with an unrelated minor

## Noah's Room



Supervision protocols apply Nursing area: Curtain open when not in use Monitored by staff when in use Teen helpers must be certified

## **Off-limits Areas**



Closets, mechanical room, private offices, unused classrooms, kitchen and fellowship hall (when not in use), baptistery and other areas behind sanctuary, stairwells (except when transitioning), all outdoor areas except parking lot

Minors and non-certified adults not allowed in areas unless under direct supervision of certified workers

Certified workers should avoid areas unless necessary in performance of duties

Limit time in area, secure area when done, maintain accountability

## Electronic Communications & Social Media



No one-to-one communications with a minor (bring parent or leadership into thread) No use of apps with ephemeral messaging or non-standard encryption Make ministry participants and parents aware of how electronic communications will be used Collaborate with Comms/Outreach committee

If you receive inappropriate content (request for private meeting, romantic advances, images or videos of revealing or sexual nature)

- Do not respond, do not forward, do not delete
- Immediately notify PEACHY Director or pastoral staff
- If sexually explicit, notify law enforcement

# Continual Risk Assessment and Reduction

#### **RISK FACTOR AREAS**

Isolation Number of people present Time and location of activity Physical arrangements

#### Accountability

Personal character, integrity Number of people present Openness and approval rqts

**Power and Control** Significant age differences Adult over minor without corresponding oversight

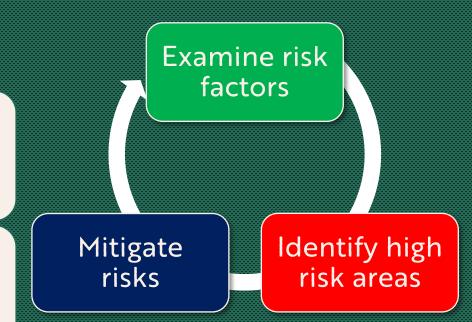
#### **RISK MITIGATIONS**

Increase Supervision Add certified workers Move from general supervision to specific supervision

#### Increase Openness Alert church leaders about plans Provide details in advance Increase check-ins

#### **Restructure Activity**

Change activity time or location Make alternate transportation plans Change age groups



## Next Steps

- 1. Complete PEACHY and submit application form (if you didn't do it this summer)
- 2. FBCK does screen (background/registry/reference checks, interview)
- 3. Complete annual training, sign and submit completion form
- 4. Review code of personal conduct, sign and submit agreement form
- 5. Receive confirmation email and a peach sticker for your ID badge!

Completed forms can be emailed to <u>peachy@kingstownebaptist.org</u> or handed to me (Online form/submission process is in development)

## www.kingstownebaptist.org/peachy

FBCK PEACHY Policy and Operating Procedures Certification forms

Additional information on abuse identification and prevention, mandated reporting, and child protection in churches

Email: peachy@kingstownebaptist.org