## **Destructiveness of Anger:**

(James 1:19) (Ps 37:1-8)

### 1. Discuss the Causes of Anger.

What makes you Angry?

**Caused by Pride:** (Prov 13:10)

## 2. <u>Define Anger.</u>

**Anger**~A violent passion of the mind excited by a real or supposed injury;

It is a Work of the Flesh: (Gal 5:19-21)

It is a Problem with the Heart: (Prov 4:23) keep thy heart...

# Anger has its own punishment build into it:

(Job 5:2)

(Prov 19:19)

(Prov 25:28) Anger takes away our defenses against Satan.

(Prov 27:3) Anger is an unbearable load.

Anger is the Enemy of Kindness, Meekness, Patience

#### 3. Danger of Anger:

Anger is dangerous b/c it leads to ...

Hatred: Esau (Gen 27:45)

Cruelty: Simeon & Levi (Gen 27:45)(Prov 27:4)

<u>Jealousy</u>: Cain (Gen 4:5-6)(Prov 6:34) Malice: Herod: (Matt 2:16) (Titus 3:3)

Evil Speaking: False Prophets: (2 Pet 2:1-2) (Eph 4:31) Strife: Moses at the Rock (Num 20:10-11)(Prov 29:22)

# From Wednesday Nights Message:

(Prov 22:6) *Train up a child in the way...* (Prov 23:26) *My son, give me thine heart.* 

We have to Capture and Keep the heart of our children.

(Mal 4:6) Our Goal as Parents

Fathers Turn their heart 1st, then the child will respond.

Once we get their Heart, We HAVE to KEEP it!

# Our Anger cuts the heart strings to our child's heart:

(Eph 6:4)(Col 3:21)

(Lk 1:17) Do they see us as Just?

# The Devil will use our Anger to Destroy our Children:

(1 Pet 5:8-9)

(Prov 22:8) Anger Destroys any good training we've done.

## Our children become what we train them to be:

(Ps 78:5-7)

(Deut 6:1-2) Avoid the Generational Curse of Anger.

(Mal 4:5-6)

Deal with our Anger 1st.

Pray & ask God daily for your Child's heart

The Heart can be Lost, Hardened, & stolen.

(Heb 3:1) The #1 reason Christian Kids from Christian

Homes grow up and do not serve God is the Parents have lost their child's heart.

"Its natural for teens to rebel a little" LIE!

#### **Take Personal Responsibility: Stop Justifying Your Anger:**

Confess our Anger as Pride, Deal with past guilt.

Forgive others. Put on Meekness:

Think of the Blessings when you quit being angry.

We are to put Anger away: (Eph 4:31) (Col 3:8)

We are to be controlled by the Spirit (Eph 5:18) not Flesh.

YOUNG PEOPLE: Anger doesn't make you an Adult?

Anger is a Lack of Self Control: (Eph 4:25-27)

**Anger is NOT an Adult Behavior:** 

An Immature Behavior: A Sign of Immaturity

**Anger is Deceptive: it Makes us Act Foolishly:** 

(Prov 14:17)

(Prov 14:29)

(Ecc 7:9)

# **Inability to see Beyond the Immediate:**

Anger is a Result of an Improper View of Self.

Low Self Esteem. Its all how you see yourself!

Looking for Acceptance in the Wrong Place.

Ex. Illus. Guys at Columbine H.S.

Self Image needs to come from your relationship with God.

(Jer 31:3)

(1 Jn 4:10)

(Jn. 3:16)

(Rom. 5:8)

I know who I am & whom I am important to & that's all that matters.

## There is a Price to be Paid in this area:

If you don't have their heart, they'll give it away to Friends.

(Mal 4:5-6)

Deal with our Anger 1st.

Pray & ask God daily for your Child's heart

Young People: God can't work in your heart until you1st turn your heart to your parents.

**Determine What Makes You Angry.** 

Why does it make you angry?

You have an improper view of self.

They/It should never be your source of self-esteem.

(Eph 4:27) Neither give place to the devil.

When was the last time you got Angry?

**Remove Yourself from the Situation:** (Rom 13:14)

Take Personal Responsibility for yourself!

We are to put Anger away: (Eph 4:31) (Col 3:8)

We actually can control ourselves.

We can choose to be slow to anger:

Keep a close check on your tongue: (Prov 15:1) (Prov 21:23)

Honesty in our communication with others: (Prov 27:4-6)

Learn to Ignore Petty Disagreements: (Prov 19:11) Discretion

Do not associate with angry people: (Prov 22:24-25)

We have to Choose to surrender to Holy spirit Control.

(Prov 15:18) Be Slow to Anger

(Prov 16:32) Ruleth his spirit

(Titus 1:7) not soon angry

(James 1:19) slow to wrath.

All of these are choices we make.

Does this mean we are to be Passionless Zombies without desires or emotions? NO

Anger is fleshly emotion that is out of Control.

What things can you change that anger you? Change it.

# What things can't you change that anger you?

Then change your attitude about it!

(Prov 29:8) We can turn away from it.

(Eph 4:31) Choose in advance of the situation!

(Eph 4:32) Respond, DO NOT REACT!

### People who cannot control their anger are the losers.

Those that get angry, and act out their anger upon the object of their anger and it destroy themselves.

Do not associate with them: (Prov 22:24-25)

#### **Count the Cost.**

Our children are becoming what we are!

Your Future & their entire future will be affected.

#### **Young People**

Don't let your anger, mess up your future.

#### Anger from Pain.

You are hurting on the inside. Abuse, Neglect, Bad home.

You don't know what to do.

Anger only makes it worse. You won't feel better from it.

You will only self-destruct.

If you act out, You will be caught.

Confess it as Bitterness. (1 Jn 1:9)

You can't let the Actions of Others Control You.

You Have TO Choose!

Anger is Deceptive, Destructive, Defiling.